

NHAND Conference 2013: Pharmaceutical Perspectives

Abstract submission: Pharmacy Update – What is new in the world of pharmaceuticals?

Contact Information:

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Presenter(s) full Name/Degree(s): Petra Eichelsdoerfer, ND,CN,RPh

Preferred length of presentation (60 or 90 minutes): 90 minutes

Presentation title: Pharmacy update – What's new in the world of pharmaceuticals?

Short description of presentation (up to 50 words)

The world of pharmaceuticals is dynamic, with new medications introduced and knowledge of older ones growing every year. This presentation will discuss recent changes in the ever-changing pharmaceutical landscape, focusing primarily upon conditions treated directly by naturopathic doctors, or by specialists to whom NDs may refer their patients.

Abstract

Learning objectives

After attending this presentation, attendees will

- Be aware of new medications that may be useful for their patients
- Gain deeper awareness of how older medications may benefit, or harm, their patients
- Understand recent changes in medication treatment approaches for common medical conditions, including diabetes, hypertension, hyperlipidemias, and infectious diseases

Presentation outline

This talk will focus on news from the pharmacy world:

- New medications
- Update on older medications, including
 - Indications and contraindications
 - Drug interactions
 - Significant monitoring parameters
- Update on medication treatments for conditions treated by NDs, including
 - Diabetes
 - Hypertension

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- Hyperlipidemias
- Infectious diseases

Eligible for pharmacy CEU?

Yes. Eighty percent or more of the slides will focus on pharmaceutical agents.

Target audience:

Naturopathic doctors and other healthcare providers who work with patients who use pharmaceuticals

Biographical sketch (up to 150 words)

Petra Eichelsdoerfer, ND, CN, RPh graduated from the University of Washington and Bastyr University and holds degrees in Pharmacy, Nutrition, and Naturopathic Medicine. She has practiced in community and public health settings, the Washington Poison Center, and taught courses in nutrition, biochemistry, microbiology, pharmacology, and more at Bastyr University.

Dr. Eichelsdoerfer completed a postdoctoral research fellowship funded through NCCAM, with projects exploring the prevention and treatment of obesity, cost of a healthy diet, and the human gut microbiome. Areas of clinical and research interest include healthy aging, obesity, gastrointestinal health, traditional/natural diet and healing approaches, and how modern clinical medicine intersects with traditional healing practices.

Dr Eichelsdoerfer practices at the Tulalip Clinical Pharmacy, mentoring pharmacy residents through research projects and developing integrative projects applicable in Native American tribal health clinic settings. She is President of the Washington Poison Center Board of Directors and consults on nutrition- and naturopathic medicine-related topics